

Healthy Families Bulletin

Spring 2009

A Program



Community Care Services



Tips for summer safety:

Never leave a child unattended near any amount of water-it doesn't take much water to put them at risk.

Sunscreen should be put on children 6 months and up every time they go outside-even if it is cloudy

When riding bikes, even tricycles, children should have a helmet that properly fits their head and is age appropriate.

Never leave a child alone in a car, even if the windows are opened. Within minutes, a child can dehydrate and even suffocate

Purchase window guards to protect children from falling out of screens. Even though screens seem safe, children do fall

Teen Parent Lobby Day

At the State House in Boston

Thank you to Laura, Amanda, Brenda and Francis for attending our lobby day in Boston. Your

attendance allowed our legislatures to meet you and hear what you have to say about teen parenting support services.



Births



March

Julius 6th
Autumn 10th
Curtis 20th

April

London 17th

May

Sean 1st

Tips: There is no better thing to do on a spring day than to play with your child.

Resources: Do you have questions about services in your community, call **211** for resources. Next newsletter, you will be receiving the Healthy Families website information.

Birthdays



March

Mary 6th	Amiee 16th
Julius 6th	Maria 16th
Kayla 6th	Taryn 24th
Neish 10th	
Ariana 10	
Emma 11th	

April

Brittany 1st
Haily 1st
Felisha 18th
Jake 23rd
Kaden 26th
Allison 28th

May

Julio 2nd	Tabitha 19th
Jayce 3rd	Rachel 20th
Linda 5th	Miriam 20th
Michelle 5th	Kaitlyn 25th
Allison 6th	Matthew 28th
Shannon 16th	

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